
SAYOUTH STANDARDS Senior LC Short Course Meters

Female

	SNAT	YUTH
50 Free		
100 Free	58,71	1:01,37
200 Free	2:06,83	2:12,79
400 Free	4:27,47	4:40,04
800 Free	9:09,62	9:24,60
1500 Free		
50 Back	31,21	32,06
100 Back	1:07,90	1:10,99
200 Back	2:26,26	2:32,89
50 Breast	34,58	35,54
100 Breast	1:15,29	1:18,74
200 Breast	2:42,00	2:49,41
50 Fly	29,90	30,72
100 Fly	1:05,07	1:06,85
200 Fly	2:23,74	2:27,67
200 IM	2:24,24	2:31,29
400 IM	5:04,34	5:12,89

Male

	SNAT	YUTH
50 Free	23,56	24,23
100 Free	52,06	54,52
200 Free	1:55,30	2:00,74
400 Free	4:04,26	4:11,16
800 Free	8:34,76	8:49,28
1500 Free	16:11,34	16:38,74
50 Back	28,40	29,17
100 Back	1:00,56	1:03,31
200 Back	2:11,69	2:17,67
50 Breast	30,65	31,50
100 Breast	1:06,96	1:10,04
200 Breast	2:25,73	2:32,42
50 Fly	26,22	26,95
100 Fly	57,80	1:00,45
200 Fly	2:08,99	2:16,05
200 IM	2:09,13	2:15,20
400 IM	4:35,26	4:50,76
